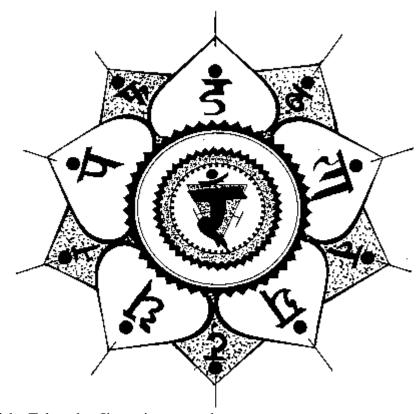
Gnostic Practices Samael Aun Weor

The Telepathy

How many times have you been walking on the street and suddenly you see a person in which you've been thinking on few minutes ago? There's no doubt that you've telepathically communicated with that person already. Telepathy allows us to capture the people's thought from a distance; it really is a very interesting faculty. If you want to develop the Telepathy you must know that the basis for the telepathy is the Chakra Manipura, and this Chakra is located right above the navel. The Chakra related with the Telepathy is the Solar Plexus. The Solar Plexus really exist in the human organism; as I told you it's located a little bit above the navel. There are many



exercises for the development of the Telepathy; I'm going to teach you two:

In a comfortable armchair, deeply relaxed in front of the East you will imagine radiations in the Solar Plexus. Imagine that the Solar Plexus is a Lotus flower that is turning around from left to right; don't lose your heart in this practice! Imagine that the rays are made from a beautiful blue and gold color; feel in your Solar Plexus the whole sensation of those ineffable rays. Practice without getting tired; half an hour is enough. This is the first exercise my cherished brothers.

Do your practices with intensity, do not rest, the important thing is you not to get tired my brothers. It is necessary the perseverance, the tenacity. They are a lot the brothers who start doing these practices and then they get tired. If you really want to develop your powers don't get tired, we need to be tenacious, very tenacious. Without Tenacity my cherished brothers it's completely impossible to get the development of the Superior Faculties of the Soul. We're giving you the Mantras that are needed to awake the powers, but if you're not tenacious, then, we're only wasting our time. What is required is you to practice... Understood?

Samael Aun Weor. Lecture: The Power of Mantras

Gnostic Practices Samael Aun Weor

THE SOLAR PLEXUS

According to the instructions of the professor, I used to sit every day, preferably at dawn, on a comfortable armchair with the face towards the east.

I imagined then in an extraordinary manner a gigantic golden cross, with the King Star as its basic centre, which cast divine rays from the east of the world that penetrated into my solar plexus after traveling the infinite space.

I was delighted when I combined this exercise with the mantric intonation of the vowel U, prolonging the sound, as it should be done: uuuuuuuuuu.

RESULTS

A result was the awakening of my telepathic eye (located as mentioned above in the region of the navel), and I became exquisitely hypersensitive.

Since this magnetic chakra has amazing capabilities such as the attraction and accumulation of the radiant energy of the solar globe, it is obvious that for this reason my lotus flowers or astral wheels could receive higher electromagnetic charges that intensified further the vibrating radioactivity.

It is appropriate to remind the reader at this moment that the solar plexus supplies all chakras of the human organism with solar radiations.

Samael Aun Weor. The Three Mountains.

Images of this Chakra: Here